2009 Health Plan Consumer Satisfaction Report for Utah Commercial HMOs, PPOs, and Medicaid & CHIP Health Plans

Utah Department of Health
Utah Health Data Committee and the Division of Health Care Financing
November 2009

Since 1994, the mission of the Utah Health Data Committee has been “to support health improvement initiatives through the collection, analysis, and public release of health care information.” Part of that mission includes reporting on various Health Maintenance Organizations (HMOs) Preferred Provider Organizations (PPOs) and Managed Care Organizations (MCOs). The 2009 Performance Report for Utah Commercial HMOs, PPOs, Medicaid, and CHIP Health Plans is the 13th such report presented by the Utah Health Data Committee.

This report contains information on four commercial HMOs, seven PPOs, two Medicaid HMOs, two Medicaid health plans (Select Access Preferred Provider Network and the fee for service plan), and two Children’s Health Insurance Program (CHIP) HMOs. The four commercial HMOs included in this report represent only a portion of the commercial health plan options that are available in Utah. Only specifically-defined HMOs are required to submit data for this report. However, the four Medicaid health plans and two CHIP HMOs reported here represent all of the coverage options for these populations in Utah. This report contains two types of data, one being quality of care, the second being satisfaction with care.

Data in this report come the 2009 Consumer Assessment of Health Plans Survey (CAHPS®). This survey year only included responses given adults enrolled in the health plans. This section compares PPOs along with Medicaid, Commercial, and CHIP HMOs.

The goal of this report is to provide information for consumers, purchasers and insurance plans about the performance of Utah’s PPOs, Commercial HMOs, Medicaid HMOs, CHIP HMOs, and Medicaid health plans. Consumers and those who purchase health care can use the information to help them make decisions about which plan to choose. Health plans can use the information to assist them in improving the care and services they provide to enrollees. About 70% of Utahns who currently have health insurance are covered by one of the health plans in this report.

Many different groups contributed to the data collection, analysis, and writing of this report. These include groups within the Utah Department of Health -- Division of Health Care Financing, Division of Community and Family Health Services, the Utah Health Data Committee -- as well as representatives of the participating HMOs.
Participating HMOs

Medicaid HMOs:

Healthy U: http://www.uhealthplan.utah.edu/
IHC Preferred Provider Network: http://intermountainhealthcare.org
Molina: http://www.molinahealthcare.com/

CHIP HMOs:

Molina: http://www.molinahealthcare.com/
PEHP: http://www.pehp.org/

Commercial HMOs:

Altius Health Plans: http://www.altiushealthplans.com/
Regence HealthWise: http://www.ut.regence.com
Select Health: http://intermountainhealthcare.org
United HealthCare: http://www.uhc.com/

Commercial PPOs:

Cigna: www.cigna.com
PEHP Preferred: www.pehp.org
Regence BlueCross BlueShield of Utah: www.ut.regence.com
United HealthCare: www.uhc.com
Aetna: www.aetna.com
Deseret Mutual Benefit Administrators: www.dmba.com
Key Findings

Commercial HMOs are:

- below national averages for the ratings of health plan, health care, and specialists, getting needed care and claims processing.
- above national averages for the rating of physicians, getting care quickly, physician communication, and customer service experience.

Medicaid Health Plans are:

- below national averages for the ratings of health plan, and customer service experience.
- above national averages for the rating of physicians, health care, specialist, getting care quickly, physician communication, and getting needed care.

CHIP is:

- above national averages for all of the ratings.

PPOs are:

- below national averages for the ratings of health plan, physicians, health care, specialists, getting care quickly, getting needed care, and claims processing.
- above national averages for the rating of physician communication, and customer service experience.
Consumer Satisfaction

This section presents measures from the Consumer Assessment of Health Plans Survey (CAHPS). The survey measured what enrollees thought about the health care and services they received from their health plan in the past year. Issues covered by the questionnaire include whether the enrollee had a problem getting care when he or she needed it, how well their customer service needs were met, as well as how ratings of their health plan, personal physician, specialists, and their health care.

Data

Commercial HMOs

<table>
<thead>
<tr>
<th></th>
<th>Altius</th>
<th>HealthWise</th>
<th>SelectHealth</th>
<th>United</th>
<th>State Average</th>
<th>National Average</th>
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</thead>
<tbody>
<tr>
<td>Rating of Health Plan (% 8, 9, or 10)</td>
<td>61.84%</td>
<td>60.63%</td>
<td>61.78%</td>
<td>46.17%</td>
<td>57.61%</td>
<td>63.89%</td>
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<tr>
<td>Rating of Health Care (% 8, 9, or 10)</td>
<td>75.14%</td>
<td>79.73%</td>
<td>71.66%</td>
<td>72.23%</td>
<td>74.69%</td>
<td>75.87%</td>
</tr>
<tr>
<td>Rating of Personal Physician (% 8, 9, or 10)</td>
<td>84.38%</td>
<td>83.41%</td>
<td>79.41%</td>
<td>84.32%</td>
<td>82.88%</td>
<td>82.04%</td>
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<tr>
<td>Rating of Specialist (% 8, 9, or 10)</td>
<td>79.53%</td>
<td>83.64%</td>
<td>72.92%</td>
<td>75.44%</td>
<td>77.88%</td>
<td>81.47%</td>
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<tr>
<td>Getting Care Quickly (% U or A)</td>
<td>84.77%</td>
<td>89.69%</td>
<td>86.06%</td>
<td>88.95%</td>
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<tr>
<td>How Well Doctors Communicate (% U or A)</td>
<td>94.38%</td>
<td>94.49%</td>
<td>92.07%</td>
<td>95.73%</td>
<td>94.17%</td>
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<tr>
<td>Getting Needed Care (% U or A)</td>
<td>83.52%</td>
<td>85.57%</td>
<td>83.78%</td>
<td>83.64%</td>
<td>84.13%</td>
<td>85.88%</td>
</tr>
<tr>
<td>Customer Service (% U or A)</td>
<td>85.41%</td>
<td>84.84%</td>
<td>91.94%</td>
<td>77.73%</td>
<td>84.98%</td>
<td>83.99%</td>
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<tr>
<td>Claims Processing (% U or A)</td>
<td>86.93%</td>
<td>86.30%</td>
<td>90.95%</td>
<td>86.72%</td>
<td>87.73%</td>
<td>87.96%</td>
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## Mediciad HMOs

### MEDICAID HMO Adults 2009

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<tr>
<th></th>
<th>Molina</th>
<th>SelectHealth</th>
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<tr>
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<td>75.27%</td>
<td>71.28%</td>
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<tr>
<td>Rating of Health Care</td>
<td>70.24%</td>
<td>70.08%</td>
<td>68.39%</td>
<td>71.66%</td>
<td>70.09%</td>
<td>68.09%</td>
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<tr>
<td>Rating of Personal Physician</td>
<td>79.95%</td>
<td>78.08%</td>
<td>78.68%</td>
<td>81.72%</td>
<td>79.61%</td>
<td>76.11%</td>
</tr>
<tr>
<td>Rating of Specialist</td>
<td>75.34%</td>
<td>78.77%</td>
<td>78.05%</td>
<td>76.73%</td>
<td>77.22%</td>
<td>76.31%</td>
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<tr>
<td>Getting Care Quickly</td>
<td>83.88%</td>
<td>85.22%</td>
<td>84.65%</td>
<td>80.98%</td>
<td>83.68%</td>
<td>80.07%</td>
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<tr>
<td>How Well Doctors</td>
<td>90.64%</td>
<td>88.49%</td>
<td>90.43%</td>
<td>90.39%</td>
<td>89.99%</td>
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<tr>
<td>Getting Needed Care</td>
<td>80.01%</td>
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<td>Customer Service</td>
<td>78.63%</td>
<td>77.04%</td>
<td>79.71%</td>
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<td>68.09%</td>
</tr>
<tr>
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<td>89.86%</td>
<td>89.85%</td>
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<tr>
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<td>90.91%</td>
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</tr>
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<td>87.17%</td>
</tr>
<tr>
<td>Getting Needed Care (% U or A)</td>
<td>85.17%</td>
<td>86.94%</td>
<td>86.06%</td>
<td>75.58%</td>
</tr>
<tr>
<td>Customer Service (% U or A)</td>
<td>83.19%</td>
<td>83.22%</td>
<td>83.21%</td>
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## Commercial PPOs

### Commercial PPO Adults 2009

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<tr>
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<tbody>
<tr>
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<td>51.67%</td>
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<td>61.70%</td>
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<tr>
<td>Rating of Health Care (% 8, 9, or 10)</td>
<td>74.83%</td>
<td>69.39%</td>
<td>77.34%</td>
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<tr>
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<td>84.73%</td>
<td>85.14%</td>
<td>87.17%</td>
</tr>
<tr>
<td>Doctor's Communication( % U or A)</td>
<td>91.89%</td>
<td>91.40%</td>
<td>93.97%</td>
<td>96.36%</td>
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</tbody>
</table>
**LINKS**

Information about the way the data for this report was obtained:

- For CAHPS (AHRQ):
  - https://www.cahps.ahrq.gov/default.asp

Information about general health:

- Centers for Disease Control and Prevention
  - http://www.cdc.gov
- Check Your Health
  - http://www.checkyourhealth.org
- MyHealthCare in Utah

Information about the heart and lungs:

- American Heart Association
  - http://www.americanheart.org
- American Lung Association
  - http://www.lungusa.org

Information about reproductive health and maternity:

- Utah Department of Health, Reproductive Health Program
  - http://health.utah.gov/rhp/

Information about diabetes:

- American Diabetes Association
  - http://www.diabetes.org
Acknowledgments

Utah Department of Health
Internet: http://health.utah.gov

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Jim Wall Business Representative

* This report was developed and written by Sam Vanous, Ph.D., formatted by Lori Brady, and was reviewed by participating Health Plans, members of the Utah Health Data Committee, Office of Health Care Statistics staff, the Utah Department of Health’s Executive Director’s Office, and many other individuals in the Utah Department of Health.

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